

- Served daily:
- 1% white Milk and
- Low-fat chocolate milk
- Fruit
- Sandwich
- Salad bar

Belleville Henderson Central Lunch

December 2022

Breakfast-FREE
Lunch \$2.25

Breakfast is
Offered FREE
everyday

*USDA is an equal opportunity
provider and employer*

PHONE: 315-846-5121
FAX: 315-846-5617

CONTACT PERSON:
MINDY GRANDJEAN
8am-1pm

EMAIL:
mgrandjean@bhpanthers.org

You can add or check your
child's account by going to
Myschoolbucks.com

Snacks:

*chips \$.75

*Cookies \$.50

*Ice cream \$.75

*Extra lunch Items \$.50

*Main Item \$1.50

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Baked chicken Mashed potatoes Baked beans Corn bread	2 Panther Pizza corn Salad
5 Orange chicken Rice Broccoli	6 Meatball subs Sw fries Squash	7 Panther pie Corn WG garlic knot	8 Chicken and waffles hash browns Chic peas	9 Panther Pizza Cauliflower Salad
12 Chicken Nuggets WG spiral noodles Broccoli	13 Fish or cheeseburger French fries Brussel sprouts	14 Spaghetti & Meatballs WG cheese stick Carrots	15 Panther bowl Pop corn chicken Mashed potatoes Corn Cheese WG garlic breadstick	16 Bagel bites pizza Black beans Salad
19 Chicken Patty Tater tots Carrots	20 Brunch Lunch Sausage Hash brown broccoli	21 Christmas dinner Ham Potatoes Stuffing Green beans WG roll	22 Walking tacos Rice Let, cheese Black beans	23 Panther Pizza peas Salad
26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL