

Served daily:
Sandwiches: Bologna, egg salad, ham, pb&j, turkey, and tuna fish

- 1% white Milk and
- Low-fat chocolate milk
- Fruit
- Soup
- Salad bar

Breakfast is Offered FREE everyday

USDA is an equal opportunity provider and employer

PHONE: 315-846-5121
FAX: 315-846-5617

CONTACT PERSON:
MINDY GRANDJEAN

EMAIL:
mgrandjean@bhpanthers.org

You can add or check your child's account by going to Myschoolbucks.com

Snacks:

- *Chips or Cookies \$.50
- *Ice cream \$.75
- *Extra lunch Items \$.50
- *Main Item \$1.50

Belleville Henderson Central Lunch

January 2018

Breakfast-FREE
Lunch K-6-\$2.00
7-12-\$2.25

Monday	Tuesday	Wednesday	Thursday	Friday
DAY	2 Baked chicken Sw.fries Squash DAY 5	3 Brunch Lunch Hash brown Sausage Cheese stick DAY 6	4 Taco wrap Rice Peas DAY 1	5 Panther Pizza & Personal Pizza Corn Salad DAY 2
8 Chicken Fajitas WG wrap Rice Peas DAY 3	9 Fish Sandwich Sw fries Carrots DAY 4	10 Spaghetti Breadsticks Cauliflower DAY 5	11 Cheeseburgers Tator tots Baked beans DAY 6	12 Panther Pizza & Personal Pizza Corn Salad DAY 1
15 NO SCHOOL DAY	16 Chicken& biscuits Mashed potatoes Squash DAY 2	17 Hotdogs Sw.fries Green beans DAY 3	18 Panther Pie (Shepard's) WG Roll DAY 4	19 Panther Pizza & Personal Pizza Chick peas Salad DAY 5
22 Chicken Patty French fries Broccoli DAY 6	23 Taco salad Lettuce, cheese Rice WG chips corn DAY 1	24 Beef BBQ Cabbage salad Tator tots carrots DAY 2	25 Stuffed breadsticks Tomato soup Sw fries DAY 3	26 Panther Pizza & Personal Pizza Baked beans Salad DAY 4
29 Chicken Nuggets WG Noodles Carrots DAY 5	30 Brunch Lunch Hash brown Sausage Cheese stick DAY 6	31 Sloppy Joes Sw. fries Cauliflower DAY 1	DAY	