

- Served daily:
- 1% white Milk and
- Low-fat chocolate milk
- Fruit
- Sandwich
- Salad bar

Belleville Henderson Central Lunch

November 2022

Breakfast-FREE
Lunch \$2.25

Breakfast is
Offered FREE
everyday

*USDA is an equal opportunity
provider and employer*

PHONE: 315-846-5121
FAX: 315-846-5617

CONTACT PERSON:
MINDY GRANDJEAN
8am-1pm

EMAIL:
mgrandjean@bhpanthers.org

You can add or check your
child's account by going to
myschoolbucks.com

Snacks:

*chips \$.75

*Cookies \$.50

*Ice cream \$.75

*Extra lunch Items \$.50

*Main Item \$1.50

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BBQ ribs Tater tots Green beans	2 Hotdogs Mac and cheese Baked beans	3 Chicken and waffles Hash brown Carrots	4 Panther Pizza peas Salad
7 Orange chicken Rice Broccoli	8 Scalloped potatoes And ham WG roll Corn	9 Stuffed crust Or Personal pizza Salad Carrots	10 SUPERINTENDENT'S DAY	11 VETERANS DAY
14 Chicken Nuggets WG spiral noodles Broccoli	15 Walking tacos Rice Baked beans	16 Thanksgiving dinner Mashed potatoes Stuffing Squash WG roll	17 Grilled cheese Tomato soup SW fries Brussel sprouts	18 Panther Pizza Corn Salad
21 Chicken Patty Tater tots Carrots	22 Brunch Lunch Sausage Hash brown Green beans	23 NO SCHOOL	24 Happy Thanksgiving	25 NO SCHOOL
28 Chicken tenders WG spiral noodles Broccoli	29 Philly cheese steak WG sub roll Onions, peppers Tater tots cauliflower	30 Spaghetti & Meatballs WG cheese stick Carrots		