

- Served daily:
- 1% white Milk and
- Low-fat chocolate milk
- Fruit
- Ham, turkey, PBJ, and bologna
- Salad bar
- Yogurt Parfaits

ALL MEALS ARE FREE

\*USDA is an equal opportunity provider and employer\*

PHONE: 315-846-5121  
FAX: 315-846-5617

CONTACT PERSON:  
MINDY GRANDJEAN  
8am-1pm

EMAIL:  
mgrandjean@bhpanthers.org

You can add or check your child's account by going to  
Myschoolbucks.com

Snacks:  
\*chips \$.75  
\*Cookies \$.50  
\*Ice cream \$.75  
\*Extra lunch Items \$.50  
\*Main Item \$1.50

# Belleville Henderson Central Lunch

## November 2023

Breakfast-FREE  
Lunch FREE

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Bruch lunch Sausage Hash brown Cauliflower LOCAL maple syrup SUGAR DADDIES	2 Pulled pork Mac and cheese WG garlic knot Sw. potatoes	3 Panther Pizza corn Salad
6 Chicken and waffles Broccoli  LOCAL maple syrup SUGAR DADDIES	7 Hotdogs Roasted potatoes Brussel sprouts	8 Spaghetti and Meatballs WG cheese sticks carrots	9 Super- Intendent's Day  No Students	10  NO SCHOOL VETERANS DAY
13 FARM FRESH Chicken patties Tater tots Broccoli SHIRLEYS WINTER WINDS FARM – LACONA	14 Loaded nachos Taco meat, cheese WG chips Rice Chic peas	15 Thanksgiving Dinner Turkey gravy Stuffing Mashed potatoes Green beans WG dinner roll	16 Ham and cheese melts WG pretzel bun French fries Squash	17 Panther Pizza peas Salad
20 Orange Chicken Rice Broccoli	21 Fish Sandwich/ Cooks choice French fries Corn	22  NO SCHOOL	23  HAPPY THANKSGIVING  NO SCHOOL	24  NO SCHOOL
27 Chicken nuggets Seasoned noodles broccoli	28 FARM FRESH Cheeseburgers French fries Brussel sprouts  LUCKI 7's farm Rodman	29 Panther Platter (boneless wings, mozz Sticks, onion rings) carrots	30 Bruch lunch Sausage Hash brown Baked beans LOCAL maple syrup SUGAR DADDIES	