

- Served daily:
- 1% white Milk and
 - Low-fat chocolate milk
 - Fruit
 - Ham, Turkey, PBJ, Bologna, and Tuna
 - Salad bar
 - Yogurt Parfaits
--Made with fresh blueberries from Dodge's farms

- Local products
- * Maple Syrup from Sugar Daddies
 - * Burger or meatballs from Lucki 7's Livestock
 - * Breakfast Sausage from Lucki 7's
 - * Sweet corn from North Branch Farms
 - * Hotdogs from Red barn meats

CONTACT PERSON:
MINDY GRANDJEAN
8am-1pm
PHONE: 315-846-5121
FAX: 315-846-5617
EMAIL:
mgrandjean@bhpanthers.org

You can add or check your child's account by going to Myschoolbucks.com

- Snacks:
- *Chips \$.75
 - *Cookies \$.50
 - *Ice cream \$.75
 - *Extra lunch Items \$.50
 - *Main Item \$1.50

Belleville Henderson Central Lunch

October 2025

Breakfast-FREE
Lunch FREE

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Lasagna Rolls Meatball Garlic toast Chic peas	2 Panther Platter Mozz sticks, boneless wings, onion rings Squash	3 Panther pizza cauliflower Salad
6 Orange chicken Rice Broccoli	7 Cheeseburgers or Hamburger French fries Baked beans LOCALLY SOURCED	8 Spaghetti and Meat sauce Cheese stick Brussel sprouts	9 Panther pizza corn Salad	10 NO SCHOOL SUPERINTENDENT'S DAY
13 NO SCHOOL COLUMBUS DAY	14 Walking tacos Rice Black beans	15 Baked Ziti Garlic knot Carrots	16 Hotdogs Tater tots Green beans LOCALLY SOURCED	17 Panther pizza peas Salad
20 Chicken patty French fries Broccoli	21 Brunch lunch Hash browns Sausage Brussel sprouts LOCALLY SOURCED	22 Panther Pie Hamburger, corn, Potatoes Dinner roll	23 BBQ Ribs or Fish Sandwich Sweet fries Carrots	24 Panther pizza Chic peas Salad
27 Chicken and waffles Broccoli LOCALLY SOURCED	28 Panther bowl Popcorn chicken, gravy, cheese, potatoes, corn Dinner roll	29 Ham and cheese Croissants Sweet fries Squash	30 Panther Pizza Salad Peas	31 Halloween Nuggets Spiral noodles Baked beans

*This institution is an equal opportunity provider *